

ARK VOYAGE



News Letter of Don Bosco Animation & Research Kendra, New Delhi

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Captain Speaks...



“Our Basic Goodness is what gives credibility to all the techniques, and skills, of Loving Quality Communication. This basic goodness is the ‘Good News’ that is in all of us. It is the Image of God, according to which all of us are created.”

A NEW PEDAGOGY FOR OUR TIMES

LOVING QUALITY COMMUNICATION (LQC) – A POWERFUL SKILL, WHERE REASON, LOVE, and GOD CONVERGE

Loving Quality Communication (LQC) is a powerful skill, where Reason, Love, and God converge. The basis of LQC (Loving Quality Communication) is the discovery, and the acceptance of the ‘Good News’ (‘God is Love; God loves us; God saves us; We are His children’) in oneself and in others. It connects soul to soul. Whenever one comes in contact with the ‘Good News’ (the image of God) in oneself or in others, a process of purification and perfection sets in. Some of the techniques of LQC can transform potential conflicts into peaceful and loving dialogues. LQC techniques create compassionate connections with your children and students.

Punitive ways will be replaced by protective and preventive ways, which is the core of the New Pedagogy. All forms of violence and control will be eliminated in the process of LQC. It gives parents and teachers easy steps for peaceful and acceptable communication, which is so essential to the New Pedagogy proposed.

Dysfunctional families thrive when Love is absent. Violence becomes the order of the day in families where there is no Love and LQC. Rebellious children and students seek for ways and means to be heard. When there is no love and compassion in the way communication takes place in a

family, often conflicts arise. The atmosphere is not conducive, and therefore no adequate efforts are made to clarify, to heal or to empower.

LQC means allowing the positive within you emerge. ‘there is a vulnerable spot for good in every young person. Parents and teachers need to identify this spot and get the energy released.’ LQC has various techniques that facilitate its expression. We shall elaborate these techniques in the following ‘ARK VOYAGES’ in the coming months.

- Fr. Joe Arimpoor, sdb

☀ Youth Animation Program (YAP)



Institution: Fatima Convent School,
Place: Ghaziabad
Dioceses: Delhi
Dates: October 1 to 5, 2014
Resource Persons: Mukesh, Sophy, Abi,
Mareena, Manish, Arjumand & Nidhin
Participants: 286 students

The Young search for Answers for their vital questions for their life

The students have many questions of varied nature. Many of them are about life and their vocation in life. When they do not find willing and able adults – parents and teachers – they seek for their enlightenment from peers, and digital world – internet, digital media, smart phones, etc. ‘On-Line Generation’ is coming of age in our country. However, the teachers and the parents are finding themselves far behind the level of the students. On the other hand, the young seem to be living in the virtual world. Hence, the urgent need for enlightened parents and teachers.



DB ARK team strengthens the family ties through session on ‘Me and My Family’

Restricting and controlling the students from the use of social network sites may not be a solution. Rather, what they need most is to be educated on how to use the modern means of information and technology. The need of the hour is to form the adults – parents and educators – in the use of modern means of information and technology, and make them available to the students.

The DB ARK team found that that the students are eager to listen to friendly adults who know more about the use of social media.



Institution: Carmel Convent School
Place: Kunjwani, J&K
Dioceses: Jammu and Srinagar
Dates: October 17 & 18, 2014
Resource Persons: Mukesh, Bijay, Arjumand,
Jobin & Nidhin
Participants: 190 students

The Students prove to be the Megaphone of Today's Society

The students were very much impressed by the approach of the resource persons of DB ARK, who emphasized on the need for looking at education as the means for the total development of the person. The students questioned on the undue emphasis on exams and results.



Students testing and building up their trust through an exercise

As one student put it, **“We help others. But when we are in need, why we don't get help?”**, **“We are taught to help others. Then, why do our parents stop us from helping the beggars?”**

These questions triggered a very enlightened discussion on the anomalies of today's society. The students themselves concluded that ‘Education needs to be reinvented’. It has to be a ‘whole-Person paradigm oriented’.

Student: ‘Are we missing something in our education?’

Why educated are corrupted?

Why are not they sensitive or not helpful to others?

☀ Youth Animation Program (YAP)



Institution: Montfort School
Place: Roorkee
Diocese:
Dates: October 27 to 30, 2014
Resource Persons: Mukesh, Bijay, Mareena, Arjumand & Nidhin
Participants: 320 students

The students echo the findings of Major Research on Youth

The students were empathetic in expressing their insights at the end of the four days program of animation (Life-giving process). They focused on their most common problems in life and came to the realization that low self esteem is the cause of many of their personal and interpersonal problems. sage' that "you can improve your self esteem."



Ms. Marina responds to the student's question: "How to increase my self esteem?"

They received lot of hope from the 'Angelic Message' that "you can improve your self esteem."

The students were even more delighted when they learned the ways and means appreciate themselves, and realize that they are 'gifts from God'. These gifts are created to be wonderful persons. We need to discover more of ourselves, develop the talents we have, and use them for the glory of God.

"You are Unique,
You are Wonderful,
You are His Favoured ones"

Student: ' Why so many parliamentarians and MLAs are elected even though there are criminal cases against them?'

☀ Teachers Enhancement Program (TEP)



Institution: St. Francis Convent School
Place: Fategarh Churian
Diocese: Jalandhar
Dates: 17th & 18th October 2014
Resource Persons: Fr. Joe Arimpoor & Abi
Participants: 89 Teachers

Continuous improvement is the solution to take our school to higher heights

We are so complacent with the good name of our school in the locality. But now, we realize that there is such a big challenge to keep up the lead in Education that we had in the past.

We became aware of the need to look at Education from a new perspective. It cannot be just a matter of syllabus completion, conduct of the exams, and getting good results. Education has to focus on relationship; it has to produce a well-balanced person with a compassionate heart. Above all, the spirit must permeate the development of the PQ (Physical Intelligence Quotient), IQ (Mental Intelligence Quotient) and the (Emotional Intelligence Quotient).

Our school will be frustrated even though it has its vision statement, but does not have adequate strategies.



Fr. Joe: Those who read those who lead

The best part of the seminar was the focus on the "insights", and the development of the corresponding adequate strategies to ensure "growth takes place when we act on our insights"

Teachers Enhancement Program (TEP)



Institution: All Saints Convent School
Place: Ajnala
Diocese: Jalandhar
Dates: October 13 & 14, 2014
Resource Person: Fr. Joe Arimpoor, sdb
Participants: All Saints Convent School, Ajnala (68 Teachers), St. Mary's Convent School, Chamiyari (33 Teachers)

Respond to the challenges and get updated



Fr. Joe raises the aspirations of the teachers by posing the challenges in our education today

The teachers were presented with the '12 Challenges in Education'. They were unanimous in their demand to focus on the challenge: 'How to move from Punishments & Rewards to Reason, love and God.' they felt that there is a vacuum created by the new demand to stop punishments. They were helplessly focused to give up punishments with no alternate approach.

Hence they wanted a series of seminars and workshops to equip themselves with a new mindset, and appropriate skill-set.



Fr. Joe respond to the teacher's question: How to integrate Reason, love, and God ?



Institution: St. Francis Convent School
Place: Ganie Ke Bankar, Punjab
Diocese: Jalandhar
Dates: 28 & 29/10/2014
Resource Persons: Fr. Joe Arimpoor and Sophy
Participants: 40 Teachers

Commitment is the result of the alignment of the personal vision with that of school vision

The two-day animation program for the teachers conducted by Fr. Joe Arimpoor at St. Francis Convent School at GK Bankar in Punjab exposed the teaches to the Challenges in Education in the 21st century.

The participants were of the opinion that the most urgent challenges are:

- Technology and Education
- Moving from Punishments and Rewards to Reason, Love, and God

The most exciting session, as stated in the feedback, is the "Ahaa Session" where many of them received deep insights into some of their attitudes and behaviors.

The session on discovering the 'core meaning' of one's life set the participants on a very serious and thoughtful mood.

The participants commented on the significance of the 'DAAD Revolution' (Do an ARK A DAY) launched by Don Bosco Kendra. The teachers took a pledge to promote this noble venture in their school.

'DAAD Revolution' forms the youth to be sensitive to others. It makes one both loving and lovable



ARK

ARK (Act of Random Kindness) is doing good to those in need

Religious Animation Program (RAP)



Institution: Christian Brothers
Place: St. John's School, Chandigarh
Diocese: Shimla Chandigarh
Date: 10 October 2014
Resource Person: Fr. Joe Arimpoor sdb
Participants: 20 Participants

School is a powerful agent of social change

Fr. Joe Arimpoor challenged the principals to look at the ministry of Education imparted today in the CB Schools against the Clarion Call given by the 31st General Chapter of the Christian Brothers

The Chapter focused on:

- a) The need for 'Evangelical Reading of the Reality' focusing on the poor;
- b) Every school becomes a prophecy by itself by a radical shift towards the values of the Gospel'; Education needs to promote the 'Good News' implanted in every human person.



Fr. Joe: "The joy of the awareness of the 'Good News' in oneself and others is one of the main objective of education"

The students need to discover the 'Good News' in themselves and others, and share the joy of this experience with others. This is evangelization. Hence the education is not complete unless and until Evangelization takes place in schools,

Fr. Joe summed up;

- Education is Relationship
- Evangelization completes & perfects Education.
- 'Vocation Orientation and Vocational Guidance' is the culmination and crowning activity in education.
- Need to reinvent Education focusing on "The whole-Person Paradigm in Education".



Institution: Jesus & Mary Sisters,
Place: New Delhi,
Diocese: Delhi
Dates: 5th & 6th October 2014
Resource Persons: Fr. Joe and Mukesh
Participants: 20 Sisters

Education Today

The two day seminar for the principals of Jesus and Mary Sisters conducted with the following insights:

1. A new mind-set is needed for the parents and teachers if Education needs to be reinvented.
2. Quantity of teachers is vital for the quality of the school. Hence management must invest on the enhancement and commitment of the teachers.
3. The longevity of the tenure of the office of the principal is important. At the same time she must be creative, dynamic, daring, and committed principal with a clear vision and adequate strategies. Hence she must grasp every opportunities to enhance quality of the performance.



The principals are identifying the most significant challenges today.

4. The alignment of the personal vision of the teachers with that of the organization is vital to produce committed teachers .

Hence use the strategies:

- A. A well designed Induction Program.
- B. Regular on-going formative and training program for the teachers.

Religious Animation Program (RAP)



Institution: Pastoral Center
Place: Jammu
Diocese: Jammu and Srinagar
Dates: 23rd & 24th October 2014
Resource Persons: Fr. Joe and Mukesh
Participants: Managers and Principals of School Jammu & Srinagar Diocese

Jammu & Srinagar Diocese plans rise higher heights

The two day seminar for the 52 Principals and Managers of Schools of Jammu and Srinagar Diocese animated by Fr. Joe Arimpoor sdb concluded with two powerful insights and corresponding strategies.



Drawing up Effective strategies is vital to the realization of the vision of the organization

Insight 1: Quality of the school depends greatly on the quality of the teachers.

Strategies: a) A well planned Induction Program
b) Regular Teachers Enhancement Program

Insight 2: We have not drawn up a good plan to take our schools to higher heights.

Strategies: a) To draw up a Triennial Plan to animate and enhance the commitment and quality of the service of the most significant stakeholders of education -students, teachers, parents, and principals.

b) To engage an effective organization for this triennial period to conduct regular programs for all the groups of stake holders, thus ensuring continu-

Visioning is followed by planning and developing adequate strategies



Institution: Montfort Brothers,
Place: Bhopal
Diocese: Bhopal
Date: 22-10-2014
Resource Person: Fr. Joe Arimpoor, sdb
Participants: 30 Montfort Brothers

Provincial Chapters Orientation

Fr. Joe focused on three areas in his One-Day orientation to the Provincial Chapter members of Montfort province at Bhopal.

1. The Visioning Process

- It is important to revisit the vision of the Province from time to time.
- The need to ensure that the Personal Vision of the members is aligned to the Vision of the Province.
- In the absence of "Great Dreams", pettiness will prevail.

2. Closing the Execution Gap

- Often deliberations are made, and decisions are taken in Chapters, but seldom "SMART" (Specific, Measureable, Attainable, Realistic, and Time-Bound) tested strategies are developed. Hence, the execution gap keeps widening.

3. Commitment to Apathy

- On a spectrum from Commitment to Apathy, most of the members of an organization are found to be just compliant, be it genuine, formal, or grudging.
- Hence the Chapter's concern was to motivate



Chapter members getting ready for the Provincial Chapter

In the last session, some of the Chapter Members remarked that it was an intense one-day seminar that will put our Provincial Chapter on the right tracks towards the right Destination.

Special Program



Program: DB ARK Staff Development Program
 Place: Fr. Agnel School, Greater Noida
 Date: 26th October 2014



TEAM Building through Culinary Expressions

DBARK team has regular team-building sessions. This was a unique one where the whole team went to Fr. Agnel Bhavan complex some 35kms. Away from DB ARK for a 'Cook-Out'. Every member of the team expressed themselves through the culinary art. The 'Barbeque' and 'the Don Bosco Tambola were the most attractive items.

The Don Bosco Tambola deepened the knowledge of Don Bosco in everyone. The program started with a special 'Youth Mass'.

The program concluded with the facilitation of the newly married couple – Mr. Jobin Gorge (a new team member) and his wife Mijisha.



DB ARK team felicitating the newly wedded couple Mr. Jobin and Mrs. Mijisha



The spiritual formation of the DB ARK team through Eucharistic celebration



DB ARK team with Fr. Bento (Director, Balbhavan, Greater Noida)



Staff Development



Institution: DB ARK PROPS – PROGRAMS REVIEW ORIENTATION and PLANNING SESSION

Place: DB ARK, New Delhi

Date: 20-10-2014

Participants: DB ARK Team

A POWERFUL EXERCISE TO CLOSE THE 'EXECUTION GAP'

Integration of Mastery and Mystery is one of the foci of DB ARK. The contributions of Management Studies, and Behavioral sciences (Mastery) are used well in the management of this Institutions, which has the focus on Mystery – Person, spirit, God.



Ms. Sophy (Team leader of VOC) presents her quarterly report

PROPS (Programs Review Orientation, and Planning Session) lasts for a full day (9. 00am to 5.00pm) every three months. All the staff members come prepared for the review. This quarterly Meeting reviews the work of the past three months. Further orientations are given, and the team plans for the next three months based on the annual targets that have been fixed at the beginning of the year. The whole process

is based on Quantitative and Qualitative data that are collected regularly.

The Compulsive Score Board displayed in the director's office with the annual and quarterly targets on one side, and the cumulative up to date on the other board provide an effective mirroring effect on the current scenario.

Often the team has recourse to a technique developed by DB ARK, namely 'RASA' – Re-Assigning, Re-Scheduling, and Re-Allocating. This is an effort to reduce the Execution Gap. 'PROPS' has been found to be an effective process to ensure that targets are reached and the quality of the programs is maintained. The team members get energized, and enthused through this exer-



Mr. Mukesh (Team leader of YAP) presents his quarterly report

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Towards shores beyond

DON BOSCO ANIMATION & RESEARCH KENDRA

Provincial House,
Okhla, Jamianagar,
New Delhi-110 025

Ph:+91 -9212475683/9868175683,
donboscoark@gmail.com
joearimpoor@gmail.com